



NEW LIFE CHARITY MISSION

MONTHLY DIGEST - January 2026

Sharing our small wins with you

January 2026 marked the continuation of our ongoing efforts to support the wellbeing of the elders. The focus during the month remained on essential care, health support, and consistent nourishment, setting a structured and purposeful start to the year."



Love Served Daily

Through the two-meal program, we have seen noticeable improvement in the health of many elders at NLCM



Eggs and Banana Everyday

Eggs and bananas were distributed every day ensuring that each elder received a nutritious source of protein to support their health and strength



Biscuits During Weekends

Weekend biscuit distribution continued, providing a light snack and adding variety to their diet



Distribution of Oil and Soap

Soap and oil were provided to the elders for their personal care. This helped them maintain good hygiene and daily comfort



Distribution of Cots

We identified that they do not have comfortable cots to sleep so, we distributed 9 of them in January



Medical Check - up

A medical check-up was arranged for the elders to assess and address their health needs



Three of them celebrated their birthdays last month. Anbalagan, Subramani, Backiyam



TAKE A PEEK



SUPPORT OUR FEBRUARY INITIATIVES

PROGRAM	PLAN	COST	DURATION
Love Served Daily	Two meals (Lunch and Packed Dinner) to be provided everyday with egg	Est - Rs 69,700/- Rs 1,700 * 41	Monthly
Daily Fruits, Biscuits, Soap, Oil	To keep them in good health and ensure sanitation	Est - Rs 20,750/-	Monthly
Health Check - up	Food and transportation will be arranged for them to be taken to the hospital for monthly check-up	Est - Rs 2,000/-	Monthly
Birthday Celebration for 3 elders	These moments of joy and recognition to help foster a sense of community and belonging	Est - Rs 1,500/-	Monthly
Adult Diapers	To ensure sanitation of one elderly woman confined to her bed	Est - Rs 1,200/-	Monthly

Your kindness is deeply valued

Thank you for standing with us. Your support strengthens our mission and brings warmth, nourishment, and joy into the lives of our elders. Because of your kindness, they feel cared for, valued, and seen. Each contribution — big or small — brings comfort, dignity, and hope to their everyday lives. We are truly grateful for your partnership and the love you continue to share with them.”

*With heartfelt gratitude,
New Life Charity Mission Team*

YOUR SUPPORT CAN BE DONE THROUGH

1. UPI PAYMENT



**UPI ID : 9952914364@indianbk
NEW LIFE CHARITY MISSION**

2. BANK TRANSFER

NAME: NEW LIFE CHARITY MISSION
A/C NO : 968773492
Indian Bank, Walajabad
IFSC : IDIB000W002

PLEASE NOTE :

New Life Charity Mission Reg. Under **Indian Trust Act 1882 vide no. 667/2011**
Donations are eligible for deduction u/s **80G of the Income Tax Act, 1961**

REACH US AT

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newlifecharitymission.org